

Miss Maria Milia FEBO, MRCOphth.

PERSONAL DETAILS

Email: mariamilia@hotmail.com

GMC (General Medical Council) number full registration since 2007 : 6153286

EDUCATION

02/2014 Ophthalmology Exit Exam, Greece

09/2012 MRCOphth

05/2011 EBO exam, Paris

04/2011 ICO exam, UK

08/2012-present **MSc in Infectious Diseases, University of London, London School of Tropical Medicine**

09/2000-07/2006

University of Thessaly, Greece Medical School

(Ptychion Iatrikes awarded with grade 'Very Good')

06/2000

Apolytirion Degree - Arsakion High School, Greece.

PREVIOUS EMPLOYMENT

01/2013-06/2014

**Clinical Fellow in Paediatric Ophthalmology, Adult and Paediatric Strabismus
Addenbrookes Hospital**

Cambridge, UK

08/2010-12/2012

**Specialty Trainee in Ophthalmology
Attikon University Hospital
Athens Greece**

01/2008-08/2010

**Specialty Trainee in Ophthalmology
Oxford and London Deanery
Rotation**

ELECTIVE

08/2004-09/2004

Department of Gastroenterology, Dr.R.Pollok.
St Georges Hospital Medical School, London

PUBLICATIONS

1. "Improving management of R3 (Proliferative Diabetic Retinopathy) patients at screening-reaudit"

M.Milia, V.Barrett, S-L.Watson

European Journal of Ophthalmology, Vol 19, Issue 3, 2009

2. "Pseudoexfoliation and opacification of intraocular lenses"

M.Milia, A.Konstantopoulos, P.Stavrakas, A.Toufeeq

Case Report Ophthalmol. 2011 May;2(2):287-90. Epub 2011 Aug

3. The use of amniotic membrane in trabeculectomy for the treatment of primary open-angle glaucoma: a prospective study.

Stavrakas P, Georgopoulos G, **Milia M**, Papaconstantinou D, Bafa M, Stavrakas E, Moschos M. Clin Ophthalmol. 2012;6:205-12. Epub 2012 Feb

4. Long-term results of half-fluence photodynamic therapy for chronic central serous chorioretinopathy.

Rouvas A, Stavrakas P, Theodossiadis PG, Stamatiou P, **Milia M**, Giannakaki E, Datsiris I. Eur J Ophthalmol. 2011 Sep 16:0

5. "Unusual case of Orbital Apex Syndrome after chalazion excision."

M.Milia, P.Theodossiades, M.Papathanassiou

Accepted for publication Cl.Exp.Optometry Aug 2012

6. "Predictability of postoperative visual acuity in patients with dry Age Related Macular Degeneration (AMD) using the Retinal Acuity Meter (RAM)."

M.Milia, T.Giannopoulos, S.Asteriades, T.Vakalis, P.Tranos

Accepted for publication Journal of Cataract & Refractive Surgery Aug 2012

POSTERS

1. "Amniotic Membrane Transplantation in Glaucoma Filtration Surgery: comparison between Amnion Shielded Trabeculectomy and Standard Trabeculectomy".

P.Stavarakas, G.Georgopoulos, M.Bafa, D.Papakonstantinou, E.Stavraka, M.Milia, M.Moschos

Poster, ARVO Meeting 2007, Ft Lauderdale, USA

2. Predictability of postoperative visual acuity in patients with dry Age Related Macular Degeneration (AMD) using the Retinal Acuity Meter (RAM)."

Poster, ARVO Meeting 2012, Ft Lauderdale, USA

3. "Large corneal perforation in rosacea on long term treatment with topical NSAIDs managed with the combined use of sutures and glue."

M.Saeed, M.Milia

Poster presentation in the Panhellenic Ophthalmological Congress 2008

4. "Improving management of R3 patients at screening-reaudit"

M.Milia, V.Barrett, S-L.Watson

Poster, DEAS Meeting, Oxford, May 2009

5. "The Safety and Efficacy of Intra-vitreous Ranibizumab injections for the treatment of Wet Age Related Macular Degeneration"

R.Mathew, S.Ameen, M.Milia, S.George

Poster presentation in Royal College of Ophthalmologists Meeting 2010.

Poster presentation in Euretina 2010.

6. Presentation of a greek family with Nail-Patella Syndrome

Poster presentation at Panhellenic Ophthalmology Congress 2012

7. Orbital Apex Syndrome due to S.Aureus: a case presentation

Poster presentation at Panhellenic Ophthalmology Congress 2012

8. "Tectal plate germinoma presenting as Parinauds dorsal midbrain syndrome and bilateral Superior Oblique palsies in a child."

M.Milia, V.Margaritis, C.Roberts

Poster presentation at Panhellenic Ophthalmology Congress 2010

9. SO tuck study

BIPOSA 2013

10. Metastatic Neuroblastoma

BIPOSA 2014

11. SO tuck study

WOC 2013 Tokyo

ORAL PRESENTATIONS

1. 'Intracapsular Extraction Cataract Surgery' – Basic Cataract Skills course:from trainees to trainees.

Oral Presentation at HCRS Meeting, Athens 2011

2. 'IRVAN' : Idiopathic Retinal Vasculitis, Arterial Macroaneurysms and Neuroretinitis : Clinical Course and Treatment

Oral Presentation at Panhellenic Ophthalmology Congress, Athens 2011

CONTRIBUTIONS

SOE Website on EBO exam January 2012

<http://soevision.org/yo/reports/ebo-examination-reports/>

TEACHING EXPERIENCE

- Weekly practical sessions to medical students during their ophthalmology placement (2008-2014)
- Weekly departmental Ophthalmology teaching (2008-2014)
- Weekly Regional teaching at the Western Eye Hospital (2009-2010)
- GP Ophthalmology Course – Western Eye Hospital (March 2010)
- Supervision of Year 1 trainees (2014)
- Royal Society of Medicine Monthly teaching sessions (2009-2010)
- Pre-registration optometrists teaching sessions in clinic (2008-2009)
- “Cataract course: from trainees to trainees” – HCRS meeting , Athens 2011

AUDIT

September 2011-February 2012

Personal Cataract Surgery Audit

September 2009-August 2010

St Marys and West London ROP audit

Audit of 1 year Lucentis outcomes for Wet ARMD at the Western Eye Hospital

August 2008 - April 2009.

Re-audit of the management of the new R3 (Proliferative Diabetic Retinopathy) patients referred to Royal Berkshire NHS Trust diabetic clinic from regional Diabetic Screening.

February 2008 - July 2008.

Audit of the CRAC (Cataract Rapid Assessment Clinic) at Eastbourne DGH.

July 2007 - October 2007

Audit of the complications during phacoemulsification surgery performed by junior doctors in the eye department of Thrasio General Hospital and the corresponding visual outcomes.

COURSES

2014 Paediatric Ophthalmology Course-Institute of Child Health-GOSH-London
2013 BLS
2013 Cambridge Symposium, St Johns College
2012 Cornea Day, Athens
2012 VR Wet Lab, GVRS Meeting, Athens
2011 Paediatric Ophthalmology Course-Institute of Child Health-GOSH-London
2010 American Academy Meeting Chicago Instruction Courses
2010 Glaucoma Update-St Johns College Cambridge
2010 Glaucoma Day London
2010 Cornea Course East Grinstead QVH
2009 Oculoplastics Workshop, Oxford
2009 Eye Movements Course, Moorfields Eye Hospital
2009 Multifocal IOL Workshop Royal College Meeting
2008 Revision course for FRCOphth Part 1 – City University, London
2008 Basic Microsurgical Course, RCOphth
2008 Alcon Basic Phaco Course
2008 Dry Eye Day Allergan, Prof.Bron
2008 Oxford Updates Meeting, St.Anne's College
2006 ATLS course University Hospital of Patras, Greece

VOLUNTEER WORK

07/2004-08/2004 **Olympic Games- Athens 2004:** Volunteer work in medical services.
2008-2010 **Organisation of fundraising events for Guide Dogs**

CONGRESSES AND MEETINGS

2014 Cambridge Symposium
2013 BIPOSA
2013 Cornea day St Johns College
2013 Cambridge Symposium
2012 18th International Glaucoma Congress Athens
2012 GVRS Athens
2011 EPOS Thessaloniki
2011 Panhellenic Ophthalmology Meeting
2011 HCRS - International Meeting of the Panhellenic Society of Cataract and Refractive Surgery
2010 AAO Chicago
2009 World Congress of Paediatric Ophthalmology, Barcelona
2009 ESCRS, Barcelona
2009 Royal College of Ophthalmologists Meeting, Birmingham

2008 BEAVRS Meeting, Reading, UK
2008 Oxford Updates Meeting
2008 41st Panhellenic Ophthalmologic Congress
2007 6th IGS, Athens
2007 ARVO meeting, Ft Lauderdale, USA
2007 40th Panhellenic Congress
2006 ESCRS, London
2006 39th Panhellenic Ophthalmologic Congress
2006 ARVO meeting, Ft Lauderdale, USA
2006 32nd Panhellenic Medical Congress
2006 Annual Greek Medical Students Congress
2005 31st Panhellenic Medical Congress
2005 13th Panhellenic Oncology Congress
2005 11th Panhellenic Congress of Internal Medicine
2005 10th Panhellenic Congress of Emergency Medicine

ADDITIONAL QUALIFICATIONS / PERSONAL INTERESTS

- Very Good Knowledge of the Microsoft programs, Word, Excel, Publisher, PowerPoint, Photoshop, SPSS.
 - Travelling, tennis, yoga.
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