

# **Miss Maria Milia** FEBO, MRCOphth.

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## PERSONAL DETAILS

Email: [mariamilia@icloud.com](mailto:mariamilia@icloud.com)

GMC (General Medical Council ) number full registration since 2007 : 6153286

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## EDUCATION

02/2014                      Ophthalmology Exit Exam, Greece

09/2012                      MRCOphth

05/2011                      EBO exam, Paris

04/2011                      ICO exam, UK

09/2000-07/2006

University of Thessaly, Greece Medical School

(Ptychion Iatrikes awarded with grade 'Very Good')

06/2000

Apolytirion Degree - Arsakion High School, Greece.

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## PREVIOUS EMPLOYMENT

01/2013-06/2014

***Clinical Fellow in Paediatric Ophthalmology, Adult and Paediatric Strabismus  
Addenbrookes Hospital***

**Cambridge, UK**

**08/2010-12/2012**

**Specialty Trainee in Ophthalmology  
Attikon University Hospital  
Athens Greece**

**01/2008-08/2010**

**Specialty Trainee in Ophthalmology  
Oxford and London Deanery  
Rotation**

**ELECTIVE**

**08/2004-09/2004**

Department of Gastroenterology, Dr.R.Pollok.  
St Georges Hospital Medical School, London

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**PUBLICATIONS**

**1. "Improving management of R3 (Proliferative Diabetic Retinopathy) patients at screening-reaudit"**

**M.Milia**, V.Barrett, S-L.Watson

European Journal of Ophthalmology, Vol 19, Issue 3, 2009

**2. "Pseudoexfoliation and opacification of intraocular lenses"**

**M.Milia**, A.Konstantopoulos, P.Stavrakas, A.Toufeeq

Case Report Ophthalmol. 2011 May;2(2):287-90. Epub 2011 Aug

**3. The use of amniotic membrane in trabeculectomy for the treatment of primary open-angle glaucoma: a prospective study.**

Stavrakas P, Georgopoulos G, **Milia M**, Papaconstantinou D, Bafa M, Stavrakas E, Moschos M. Clin Ophthalmol. 2012;6:205-12. Epub 2012 Feb

**4. Long-term results of half-fluence photodynamic therapy for chronic central serous chorioretinopathy.**

Rouvas A, Stavrakas P, Theodossiadis PG, Stamatiou P, **Milia M**, Giannakaki E, Datsaris I. Eur J Ophthalmol. 2011 Sep 16:0

**5. "Unusual case of Orbital Apex Syndrome after chalazion excision."**

**M.Milia**, P.Theodossiades, M.Papathanassiou

Accepted for publication Cl.Exp.Optomtry Aug 2012

**6. "Predictability of postoperative visual acuity in patients with dry Age Related Macular Degeneration (AMD) using the Retinal Acuity Meter (RAM)."**

M.Milia, T.Giannopoulos, S.Asteriades, T.Vakalis, P.Tranos

Accepted for publication Journal of Cataract & Refractive Surgery Aug 2012

**POSTERS**

**1. "Amniotic Membrane Transplantation in Glaucoma Filtration Surgery: comparison between Amnion Shielded Trabeculectomy and Standard Trabeculectomy".**

P.Stavarakas, G.Georgopoulos, M.Bafa, D.Papakonstantinou, E.Stavraka, M.Milia, M.Moschos

Poster, ARVO Meeting 2007, Ft Lauderdale, USA

**2. Predictability of postoperative visual acuity in patients with dry Age Related Macular Degeneration (AMD) using the Retinal Acuity Meter (RAM)."**

Poster, ARVO Meeting 2012, Ft Lauderdale, USA

**3. "Large corneal perforation in rosacea on long term treatment with topical NSAIDs managed with the combined use of sutures and glue."**

M.Saeed, M.Milia

Poster presentation in the Panhellenic Ophthalmological Congress 2008

**4. "Improving management of R3 patients at screening-reaudit"**

M.Milia, V.Barrett, S-L.Watson

Poster, DEAS Meeting, Oxford, May 2009

**5. "The Safety and Efficacy of Intra-vitreous Ranibizumab injections for the treatment of Wet Age Related Macular Degeneration"**

R.Mathew, S.Ameen, M.Milia, S.George

Poster presentation in Royal College of Ophthalmologists Meeting 2010.

Poster presentation in Euretina 2010.

**6. Presentation of a greek family with Nail-Patella Syndrome**

Poster presentation at Panhellenic Ophthalmology Congress 2012

**7. Orbital Apex Syndrome due to S.Aureus: a case presentation**

Poster presentation at Panhellenic Ophthalmology Congress 2012

**8. "Tectal plate germinoma presenting as Parinauds dorsal midbrain syndrome and bilateral Superior Oblique palsies in a child."**

M.Milia, V.Margaritis, C.Roberts

Poster presentation at Panhellenic Ophthalmology Congress 2010

**9. SO tuck study**

BIPOSA 2013

**10. Metastatic Neuroblastoma**

BIPOSA 2014

**11. SO tuck study**

WOC 2013 Tokyo

## **ORAL PRESENTATIONS**

**1. 'Intracapsular Extraction Cataract Surgery' – Basic Cataract Skills course:from trainees to trainees.**

Oral Presentation at HCRS Meeting, Athens 2011

**2. 'IRVAN' : Idiopathic Retinal Vasculitis, Arterial Macroaneurysms and Neuroretinitis : Clinical Course and Treatment**

Oral Presentation at Panhellenic Ophthalmology Congress, Athens 2011

**3. 2015-2024 Ετήσια Προφορική Συμμετοχή στο Πανελλήνιο Οφθαλμολογικό Συνέδριο και στην Ημερίδα Παιδοφθαλμολογίας**

## **CONTRIBUTIONS**

SOE Website on EBO exam January 2012

<http://soevision.org/yo/reports/ebo-examination-reports/>

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## **TEACHING EXPERIENCE**

- 2023 Ιασώ Παίδων: Ημερίδα για γονείς - Ενημέρωση
- Weekly practical sessions to medical students during their ophthalmology placement (2008. 2014)
- Weekly departmental Ophthalmology teaching (2008. 2014)
- Weekly Regional teaching at the Western Eye Hospital (2009. 2010)
- GP Ophthalmology Course – Western Eye Hospital (March 2010)
- Supervision of Year 1 trainees (2014)
- Royal Society of Medicine Monthly teaching sessions (2009. 2010)
- Pre. registration optometrists teaching sessions in clinic (2008. 2009)
- “Cataract course: from trainees to trainees” – HCRS meeting , Athens 2011

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## **COURSES**

2024 BLS  
2014 Paediatric Ophthalmology Course. Institute of Child Health. GOSH. London  
2013 BLS  
2013 Cambridge Symposium, St Johns College  
2012 Cornea Day, Athens  
2012 VR Wet Lab, GVRs Meeting, Athens  
2011 Paediatric Ophthalmology Course. Institute of Child Health. GOSH. London  
2010 American Academy Meeting Chicago Instruction Courses  
2010 Glaucoma Update. St Johns College Cambridge  
2010 Glaucoma Day London  
2010 Cornea Course East Grinstead QVH  
2009 Oculoplastics Workshop, Oxford  
2009 Eye Movements Course, Moorfields Eye Hospital  
2009 Multifocal IOL Workshop Royal College Meeting  
2008 Revision course for FRCOphth Part 1 – City University, London  
2008 Basic Microsurgical Course, RCOphth  
2008 Alcon Basic Phaco Course  
2008 Dry Eye Day Allergan, Prof. Bron  
2008 Oxford Updates Meeting, St. Anne's College  
2006 ATLS course University Hospital of Patras, Greece

## **VOLUNTEER WORK**

07/2004. 08/2004 **Olympic Games Athens 2004:** Volunteer work in medical services. 2008. 2010 **Organisation of fundraising events for Guide Dogs**

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## **CONGRESSES AND MEETINGS**

2015-2024 Συμμετοχή στο Πανελλήνιο Οφθαλμολογικό Συνέδριο και στην Ετήσια Ημερίδα Παιδοφθαλμολογίας  
2024 Πανελλήνιο Παιδοαλλεργιολογικό Συνέδριο  
2023 EPOS  
2022 BIPOSA  
2014 Cambridge Symposium  
2013 BIPOSA  
2013 Cornea day St Johns College  
2013 Cambridge Symposium  
2012 18<sup>th</sup> International Glaucoma Congress Athens  
2012 GVRs Athens  
2011 EPOS Thessaloniki  
2011 Panhellenic Ophthalmology Meeting  
2011 HCRS. International Meeting of the Panhellenic Society of Cataract and Refractive Surgery 2010 AAO Chicago  
2009 World Congress of Paediatric Ophthalmology, Barcelona  
2009 ESCRS, Barcelona  
2009 Royal College of Ophthalmologists Meeting, Birmingham

2008 BEAVRS Meeting, Reading, UK  
2008 Oxford Updates Meeting  
2008 41<sup>st</sup> Panhellenic Ophthalmologic Congress  
2007 6th IGS, Athens  
2007 ARVO meeting, Ft Lauderdale, USA  
2007 40<sup>th</sup> Panhellenic Congress  
2006 ESCRS, London  
2006 39<sup>th</sup> Panhellenic Ophthalmologic Congress  
2006 ARVO meeting, Ft Lauderdale, USA  
2006 32<sup>nd</sup> Panhellenic Medical Congress  
2006 Annual Greek Medical Students Congress  
2005 31<sup>st</sup> Panhellenic Medical Congress  
2005 13<sup>th</sup> Panhellenic Oncology Congress  
2005 11<sup>th</sup> Panhellenic Congress of Internal Medicine  
2005 10<sup>th</sup> Panhellenic Congress of Emergency Medicine

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**ADDITIONAL QUALIFICATIONS / PERSONAL INTERESTS**

- Very Good Knowledge of the Microsoft programs, Word, Excel, Publisher, PowerPoint, Photoshop, SPSS.
  - Travelling, tennis, yoga.
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